



Zone or overseas forces tax offset calculator

Work out your eligibility for a zone or overseas forces tax offset and the tax offset amount that you can claim.

Last updated 1 July 2025

Go to the calculator

[Zone or overseas forces tax offset calculator](#)

Our calculator takes between 5 and 20 minutes to use.

What you can do with this calculator

This calculator will help you work out your eligibility for a zone or overseas forces tax offset and the tax offset amount that you can claim. You can use it for the income years 2014–15 to 2024–25.

The results of this calculator are based on the information you provide. You should use these results as an estimate and for guidance purposes only.

From 1 July 2015, to be eligible for the zone tax offset your usual place of residence must be in a zone. If your usual place of residence wasn't in a zone, you're not eligible for the zone tax offset.

For earlier years, you only had to have lived or worked in a remote or isolated area of Australia (zone), not including an offshore oil or gas rig.

You may be able to claim an overseas forces tax offset if you have served overseas as a member of the Australian Defence Force or a

United Nations armed force.

If you qualify for both an overseas forces tax offset and a zone tax offset, you can claim only one of them. The calculator will work out which offset gives you the greatest benefit.

What you will need

For the period you are calculating, you will need:

- The number of days you usually lived or worked in a [zone](#) or [specified overseas locality](#).
- If you maintained a child under 21 or full-time student under 25
 - the period you maintained them and their [adjusted taxable income \(ATI\)](#)
 - your ATI, and if you have a spouse, your combined ATI.
- Your prior year zone and claim details if you're claiming for a zone tax offset and you lived or worked in a zone for less than 183 days.

What else you can do

Find out more about the eligibility for the [zone and overseas forces tax offsets](#).

For income years prior to 2014–15, you can manually calculate the zone tax offset with the step-by-step instructions in the following:

- [T5 – Zone or overseas forces 2014](#)
- [T5 – Zone or overseas forces 2013](#)
- [T8 – Zone or overseas forces 2012](#).

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We are committed to providing you with accurate, consistent and clear information to help you understand your rights and entitlements and meet your obligations.

If you follow our information and it turns out to be incorrect, or it is misleading and you make a mistake as a result, we will take that into account when determining what action, if any, we should take.

Some of the information on this website applies to a specific financial year. This is clearly marked. Make sure you have the information for the right year before making decisions based on that information.

If you feel that our information does not fully cover your circumstances, or you are unsure how it applies to you, contact us or seek professional advice.

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